

What people have said...

"After just one session, she came in to class a different child" (teacher re 8yr old who lost her father)



"Doing my memory book is the thing I look forward to the most at school" (8yr old boy after loss of his father)



"We've seen a huge change in her; she is calmer and the nightmares are gone!" (parent after death of



I think I can cope better when I talk about my mum. It's better than bottling it up" (14 yr old girl after suicide of mum)

How much does it cost?

Our services for children are **FREE**. We are a non-profit organisation who believe that all children should be entitled to grief support because EVERY CHILD MATTERS regardless of their background.

If you are a parent or professional and you are interested in the work of ECLIPSE and would like some training, please contact us. We do charge for training events and study days.

How can I contact you?

If you would like to make use of the ECLIPSE service or if you would like some advice about a situation you are dealing with, please feel free to contact us in one of the following ways:



01785 660800



info@eclipsestafford.org.uk



The Gateway
2 Wildwood Gate
Wildwood, Stafford
ST17 4RA



www.eclipsestafford.org.uk

How can I help?

We have a number of volunteers who help with group activities and co-ordinate fundraising events. Please contact us if you would like to be involved.

£5 enables a child to create a jar of memories using coloured salt

£10 enables a child to attend a group activity

£40 an hour of one-to-one counselling

ECLIPSE is a member of the Childhood Bereavement Network, you can view their policies online at www.childhoodbereavementnetwork.org.uk

ECLIPSE is affiliated to Wildwood Christian Fellowship,
Registered charity No. 515346



Eclipse

Child Bereavement
Service Stafford



Helping children to cope with their loss





What is Eclipse?

ECLIPSE is a service to support bereaved children

We are a service based in Stafford, that seeks to support children and young people, aged 5-18, through the grieving process.

You can refer a bereaved child to us by getting in touch and completing a referral form (this can be done over the phone or in a person). A referral form provides us with important information we need before we meet with a child.

As we work within the school setting we would require that both family/carers and the school agree to our involvement.

We have 2 staff members at ECLIPSE:



Crystal Johnson Grief Support Worker (full-time)



Jennie Barlow Grief Support Worker (part-time)

What services do you offer?



Sessional Work

We meet with children regularly to work through the myriad of emotions that come with grief, including the understanding and management of anger.



Memory Books

A memory book provides a gentle tool to facilitate the grieving process. We can record memories of the times spent with the person who died, include photos and other memorabilia. Children are encouraged to personalise the book and



Special Occasions

Sometimes it is appropriate to mark occasions, such as anniversaries, birthdays. Children can do this by making memory jars, letting off special balloons, making cards, lighting candles and setting off Chinese lanterns.

Why would I need ECLIPSE?

It may help to know that when something sad happens, children and young people often:

- * Avoid feelings
- * Push feelings away
- * Hide their feelings
- * Disguise their feelings
- * Deny their feelings
- * Cover their feelings

(used, with kind permission from www.griefencounters.org.uk)

We can assist children in working with these feelings safely as they grieve. It is never too soon or too late to help a bereaved child. We can be involved in the immediate aftermath of a bereavement, or a child may be referred years after the loss occurs.

We are able to support children who are bereaved through suicide, murder, manslaughter and serious illness. We are also able to support those children who are on the autism spectrum.

We can offer help and advice on if/how to involve your children in funeral arrangements..

We can help parents/carers/professionals to support under 5s who have been bereaved.

You may simply require some assistance or advice over the telephone and we are able to help in this way too.

These services are all free of charge

